



MARYPORT SETTLEMENT

Weekly Activities

Art Group – Monday – 1-3pm. A self-help group. Everyone welcome.
Materials available. Drop-in £3.00

Maryport Babies & Toddlers Group – Tuesday - 9.30am - 11.30am
£3 per session. No need to book.

Craft & Chat – Friday – 1-3pm A self-help group. Bring along some craftwork and enjoy a good social session. Drop-in £2.50

As well as our own activities, other offerings are privately run so phone for more information.

Yoga - 07960 002835; Qigong – 07825 655160;.

Gardening - Monday 10 -3pm. Everyone welcome. drop-in Free.
Run by Groundwork.

Ceramics – Wed & Friday – 10-12noon. Places must be booked in advance £35 (All materials included) for a block of 6 sessions.

Other Activities

Family Games Night (ages 8+) – **1st Saturday of month** - 6-9pm – Drop in, £2* (Under 16s free with an adult) Come along for a fun evening of board and card games -07989 461644 for more details

Settlement Folk - 1st Sat of each month. 2 – 5pm. drop in. £3.00. Bring your own instruments and/or voice.

Table-Top Sale – 1st Sunday of month 10 till 3 – 07377 214669 to book a table

Life/Portrait Drawing. These sessions are held most weeks. Ring 07742 579410 for more details.

Details of all our activities and details of how to hire a Room can be found on our website www.maryportsettlement.org.uk or scan this code



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